

🇬🇧 HOMES • TRAVEL • FOOD • PROPERTY • GARDENS • HEALTH & BEAUTY

# coast

*Living by the sea*

FEBRUARY 2010 £3.99

## 82 WAYS TO BEAT THE WINTER BLUES

From camper van adventures  
to seafood feasts



**SAVE OUR SEASIDE**  
*How to rescue your  
favourite building*

**FAST, TASTY, FRESH**  
*Step-by-step fish recipes*

**WIN A  
WEEKEND**  
*in a Scottish  
cottage*

**LOOK WHO'S  
SQUAWKING**  
*In praise of gulls*

*move to the  
coast now*  
The new property hotspots

**PLUS: HEAD FOR SCARBOROUGH • TRY WAVESKIING • SPEND A WEEKEND IN RYE**

